fighting fear

20 PROMISES TO FIGHT FEAR BECAUSE GOD IS NEAR
1. There is no fear in love. But perfect love drives out fear, because fear has to do with punishment. The one who fears is not made perfect in love. 
   1 John 4:18

2. Have I not commanded you? Be strong and courageous. Do not be terrified; do not be discouraged, for the Lord your God will be with you wherever you go. 
   Joshua 1:9

3. The Spirit you received does not make you slaves, so that you live in fear again; rather, the Spirit you received brought about your adoption to sonship. And by him we cry, “Abba, Father.” 
   Romans 8:15

4. I sought the Lord, and he answered me; he delivered me from all my fears. 
   Psalm 34:4

5. They will not live in fear or dread of what may come, for their hearts are firm, ever secure in their faith. 
   Psalm 112:7 TPT

6. Cast all your anxiety on him because he cares for you. 
   1 Peter 5:7

7. Why would I fear the future? For I’m being pursued only by your goodness and unfailing love. 
   Psalm 23:6

#FightingFear
8. Fear not [there is nothing to fear], for I am with you; do not look around you in terror and be dismayed, for I am your God. I will strengthen and harden you to difficulties, yes, I will help you; yes, I will hold you up and retain you with My [victorious] right hand of rightness and justice. For I the Lord your God hold your right hand; I am the Lord, Who says to you, Fear not; I will help you!
Isaiah 41:10,13 AMP

9. For God has not given us a spirit of fear, but of power and of love and of a sound mind.
2 Timothy 1:7 KJV

10. When anxiety was great within me, your consolation brought joy to my soul.
Psalm 94:19 NIV

11. Are not two sparrows sold for a penny? Yet not one of them will fall to the ground outside your Father’s care. And even the very hairs of your head are all numbered. So don’t be afraid; you are worth more than many sparrows.
Matthew 10:20-31 NIV

12. I leave the gift of peace with you—my peace. Not the kind of fragile peace given by the world, but my perfect peace. Don’t yield to fear or be troubled in your hearts—instead, be courageous!
John 14:27 TPT
13. God is our refuge and strength, an ever-present help in trouble.
Psalm 46:1 NIV

14. For He has said, “I will never [under any circumstances] desert you [nor give you up nor leave you without support, nor will I in any degree leave you helpless], nor will I forsake or let you down or relax My hold on you [assuredly not]!”
Hebrews 13:5 AMP

15. When you lie down, you will not be afraid;
When you lie down, your sleep will be sweet.
Proverbs 3:24 AMP

16. Even though I walk through the darkest valley,
I will fear no evil,
for you are with me;
your rod and your staff,
they comfort me.
Psalm 23:4 NIV

17. Relax, everything’s going to be all right;
rest, everything’s coming together; open your hearts, love is on the way!
Jude 1:2 MSG
18. Do not be anxious or worried about anything, but in everything [every circumstance and situation] by prayer and petition with thanksgiving, continue to make your [specific] requests known to God. And the peace of God [that peace which reassures the heart, that peace] which transcends all understanding, [that peace which] stands guard over your hearts and your minds in Christ Jesus [is yours]. Philippians 4:6-7 AMP

19. Now I can say to myself and to all: “Relax and rest, be confident and serene, for the Lord rewards fully those who simply trust in him!”
God has rescued my soul from death’s fear and dried my eyes of many tears.
He’s kept my feet firmly on his path,
And strengthened me so that I may please him and live my life before him in his life-giving light!
Even when it seems I’m surrounded by many liars and my own fears, and though I’m hurting in my suffering and trauma, I still stay faithful to God and I speak words of faith.
Psalm 116:7-11 TPT

20. You will keep in perfect and constant peace the one whose mind is steadfast [that is, committed and focused on You—in both inclination and character],
Because he trusts and takes refuge in You [with hope and confident expectation]. Isaiah 26:3 AMP